

MindForest

隨時隨地，助你成長

用心理學與 AI 達致自我成長

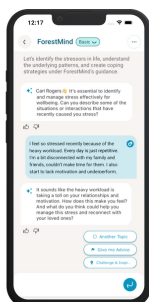
MindForest 由樹洞香港開創，是一款以 AI 與心理學為基礎的心理科技應用程式，致力於支援每位用家的心理健康與個人成長。透過 AI 聊天、心理學互動課程，幫助用家提升韌性和認識自我。



App 重點功能

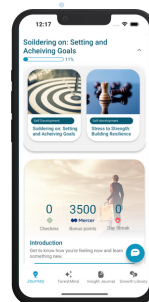
心理學 AI 模型，隨時在你左右

MindForest App 的 AI ForestMind 能夠 24/7 與用家對話，助你管理壓力、調節情緒。不論是人際關係、睡眠健康還是設立目標，心理學都能助你一臂之力。



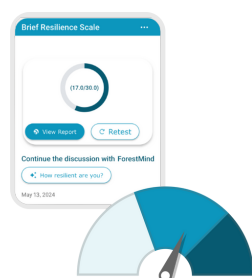
互動心理學課程

無論是提升心理韌性、學習處理情緒，還是增強談判技巧，MindForest 的互動課程都能幫助用家逐步成長，掌握生活實用技能。



內置各種心理測試評估

MindForest 包含各種心理測試，為用家評估及追蹤心理狀態；測試包括韌性量表、大五人格測試、抑鬱水平測試等。按照測試結果，MindForest 能提供詳細分析與建議。



全方位加密保護

你與 AI 的對話受到加密保護。你的對話內容將在微軟伺服器上匿名處理，TreeholeHK 或第三方都無法看到用戶的聊天記錄。

兌換方法：

- 第一步：**
下載並註冊帳戶

下載 MindForest App，完成註冊與登入程序
- 第二步：**
主頁按「開始免費試用」

點擊主頁頂部頭像旁的「開始免費試用」，進入訂閱頁面
- 第三步：**
於訂閱頁按「加入頻道」

點擊訂閱頁面底部最右方的「加入頻道」字組，進入輸入頁面
- 第四步：**
輸入卡片上的兌換碼！

輸入卡片上的兌換碼字串，開始你專屬的 30日免費試用體驗！



獨家免費一個月試用！
切勿錯過，立即下載啟動！

兌換碼：
Nov2024

到 <https://mindforest.ai/>
或掃描 QR Code 下載 App!



提升自己、釋放自我潛力、激發人生火花！
立即下載 MindForest 或聯絡我們了解詳情！

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Connect with us on |

MindForest
隨時隨地，助你成長

MindForest

Self Growth

Anywhere, Anytime

LEVERAGE PSYCHOLOGY AND ARTIFICIAL INTELLIGENCE TO FOSTER PERSONAL DEVELOPMENT.

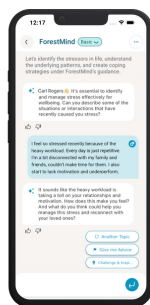
MindForest, developed by TreeholeHK, is a psychological technology application that integrates artificial intelligence and psychology, committed to enhancing user's mental health and personal development. By offering AI-driven chat and interactive psychological courses, it assists users in bolstering their resilience and gaining self-awareness.



Key functions of the application

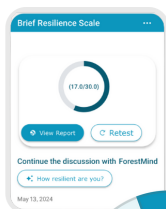
Psychological AI model, perpetually by your side

MindForest App's AI ForestMind is available around the clock to assist users in managing stress and regulating emotions. Whether addressing relationships, sleep health, or goal setting, psychological principles can provide valuable support.



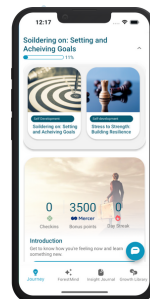
Incorporated a range of psychological assessment tests.

MindForest offers a diverse array of psychological assessments designed to evaluate and monitor users' mental well-being. These assessments encompass resilience scales, Big Five personality evaluations, depression assessments, and more. Utilizing the results from these tests, MindForest is capable of delivering comprehensive analyses and tailored recommendations.



Interactive Psychology Program

Whether enhancing mental resilience, managing emotions, or refining negotiation abilities, MindForest's interactive courses empower users to progressively develop and master essential life skills.



Comprehensive encryption safeguards



Your interactions with the AI are safeguarded by encryption. The content of your discussions will be processed anonymously on Microsoft servers, ensuring that neither TreeholeHK nor any third parties can access the user's chat history.

Redemption procedure:

Step 1: Download and create an account

Download the MindForest application and complete the registration and login procedures.

Scan the QR Code or
navigate to
<https://mindforest.ai/>



STEP 2: SELECT "START FREE TRIAL" ON THE HOMEPAGE.

Click "Start Free Trial" adjacent to the avatar at the top of the homepage to access the subscription page.



STEP 3: SELECT "JOIN CHANNEL" ON THE SUBSCRIPTION PAGE.

Click the "Join Channel" group located on the far right at the bottom of the subscription page to access the input page.



STEP 4: INPUT THE REDEMPTION CODE FOUND ON THE CARD!

Input the redemption code found on the card to initiate your exclusive 30-day free trial experience!



EXCLUSIVE ONE-MONTH TRIAL!

DO NOT MISS THIS OPPORTUNITY; DOWNLOAD AND BEGIN NOW!

**Redeem code:
Nov2024**

Visit
<https://mindforest.ai/>
Or scan the QR code to
download the app!



Enhance your capabilities, unlock your potential, and ignite the essence of life!

Download MindForest now or reach out to us for further information!

Contact Shudong Hong Kong:

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 **MindForest**
Assist you in your
growth at any time
and in any location.